



Respiratory Clinics

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COPD Clinic Referral

The COPD clinic is a multidisciplinary clinic that provides services that include specialized assessments and COPD education. The services are provided by a Certified Respiratory Educator/Registered Respiratory Therapist and an MD all in partnership with the patient's family physician. Initial visits occurring post hospital discharge with follow-up visits q3-4 months.

Referral to the COPD Clinic will include the following services:

- Confirmation of diagnosis and monitoring changes in airflow obstruction
 - **Pre and Post Spirometry (At initial visit, 3 month F/U then yearly)**
- Evaluation of ability to cope in his/her usual environment
- Review treatment (inhalers, antibiotics, steroids maintenance and acute)
- Review understanding of treatment regimen (includes use of Action Plan; smoking cessation, vaccines and exercise)
- Assessment of inhaler technique
- Assessing need for long-term oxygen
 - **Oximetry at every visit**
 - **ABG's and Home oxygen assessment** will be performed if Spo2 <90% on room air
- Evaluating the capacity to do physical activity and activities of daily living
 - **6 minute walk test**
- Evaluating symptoms via mMRC (Medical Research Council Dyspnea Scale) or COPD Assessment Test (CAT™)
- Evaluating severity via BODE Index

Comments/Concerns/History: _____

Medication: _____

Referring Physician: _____ **Date:** _____

Date Received:	Comments:
Clinic Date & Time:	
Date Patient Notified:	

Please forward Referral Form to the TDH Cardiopulmonary Department

